

# BE PREPARED AND KNOW WHAT TO DO

## Documents and Information

- Apply for your Social security number. You require this for every official work, including obtaining a driving license and opening a bank account
- Open a bank account for you or get a credit card
- Keep a record of
  1. Security numbers for family
  2. Copies of legal paperwork (insurance, immigration, etc.)
  3. Copies of your medical records

These come in very handy for almost every official work.

## Neighborhood

Try to make friends with neighbors. And if things start going wrong, keep your neighbors informed. Maybe give them a list of phone numbers of your family to be contacted, if anything goes wrong.

## Luggage

Always keep at least one set of clothes in a small carry on or cabin luggage. This should come in handy if you have to leave the house suddenly.

## Outside the house

Learn to use pay phones  
Learn to use vending machines  
Remember that there are greyhound buses that can take you anywhere between states in America, but often you might have to wait if the bus is delayed anywhere between half an hour to four hours. This will help you to be prepared, if anything happens.

## Calling 911

If any one of the things that comes under the description of Domestic Violence is happening with you, go ahead, pick up the phone and dial 911

## If you do not have any money you can:

- Call your friends or relatives in the US.
- Do not worry if you do not have a phone. The police will allow you to make calls from their cell phones.

## GET HELP



**Consulate of India  
Houston, TX:  
(713) 626-2148/9**

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## WHAT'S WRONG?

**Domestic violence** is the forceful, controlling behavior used to gain power or control over the relationship. It can be physical violence, sexual abuse, emotional abuse, intimidation, economic deprivation, or threats of violence.

**Neglect** is depriving a person of food, heat, clothing or comfort or essential medication.

**Desertion** refers to intentional and substantial abandonment, permanently or for a period of time stated by law, without legal excuse and without consent, of one's duties arising out of a status such as that of husband and wife or parent and child.

## KANSAS RESOURCES

- The Kansas Crisis hotline: 1-888-END ABUSE
- Crisis Resource Center: 1-800-794-9148
- Women's Transitional Services: 785-843-3333
- NW Family Shelter: 785-625-3055
- Friends of Yates Center: 913-321-0951
- Safe Home: 913-262-2868
- SOS: 620-342-1870
- Alliance Against Family Violence: 913-682-9131
- The Crisis Center: 785-539-2785
- YWCA Women's Crisis Center: 316-267-7233
- United Way of Greater Kansas City: Dial 2-1-1 for a list of programs and resources in the greater Kansas City area

## MISSOURI RESOURCES

- Hope House: 816-461-4188
- New House: 816-231-7378
- The Don Bosco Centers: 816-691-2900
- Rose Brooks Center: 816-861-3460
- SafeHaven of Kansas City: 816-454-3581
- Hope Haven of Cass County: 816-884-6033
- Domestic Violence Hotline: 816-995-1000
- Family Advocacy Network: 816-753-5818
- YWCA Shelter for Abused Women: 816-232-4481
- Family Violence Center: 417-837-7700
- United Way of Greater Kansas City: Dial 2-1-1 for a list of programs and resources in the greater Kansas City area



**India Association of Kansas City**

IAKC provides this information as a public service. It is not intended to be a substitute for professional, medical, or legal, advice.

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